

# GRAMMAR



relative clause

# relative clause

**Defining** relative clauses: Essential info (no comma).

**Non-defining** relative clauses: Extra info (comma).

Relative clauses begin with relative pronouns

**who**

**whom**

**whose**

**which**

**that**

**when**

**where**

**why**

for people

# who

defining and non-defining

The girl who lives next door is an English teacher.

Miss Demai, who lives next door, is an English teacher.

He is dating the girl who we met the other day.

She's been dating Peter, who is in the army, for five years.

quién | quien | que

for people

who  
+ preposition

It was Brian who I cooked the meal for (not for who)

It was Brian who I gave the present to (not to who)

It was Brian who I had fun with (not with who)

It was Brian who I could rely on (not on who)

for people  
rarely in conversation

# whom

defining and non-defining

The response of my teachers, whom I've known for a long time,  
was positive.

He's the one whom I love.

a quién | a quien

for people  
rarely in conversation

# whom

+ preposition

It was Brian for whom I cooked the meal.

It was Brian to whom I gave the present.

It was Brian with whom I had fun.

It was Brian on whom I could rely.



for people  
rarely in conversation

# whom

+ preposition

For whom did you cook the meal?

It was Brian for whom I cooked the meal.

To whom did you give the present?

It was Brian to whom I gave the present.

With whom did you have fun?

It was Brian with whom I had fun.

On whom did you rely?

It was Brian on whom I could rely.

# who or whom

It was Brian who I cooked the meal for.

It was Brian who I gave the present to.

It was Brian who I had fun with.

It was Brian who I could rely on.

It was Brian for whom I cooked the meal.

It was Brian to whom I gave the present.

It was Brian with whom I had fun.

It was Brian on whom I could rely.

possessive meaning  
for people and animals  
for things in formal situations

# whose

defining and non-defining

The teacher whose students are Spanish is here.

My neighbor Paul, whose son is my student, attended the seminar.

de quién | de quien | cuyo

possessive meaning  
for people and animals  
for things in formal situations

# whose

+ preposition

Lilah, in whose house I live, has been my teacher for three years.

Lilah, with whose clothes I share, has been my teacher for a long time.

That's the person on whose behalf I act.

possessive meaning  
for people and animals  
for things in formal situations

# whose

+ preposition

Lilah, whose house I live in, has been my teacher for three years.

Lilah, whose clothes I share with, has been my teacher for a long time.

That's the person whose behalf I act on.

Lilah, in whose house I live, has been my teacher for three years.

Lilah, with whose clothes I share, has been my teacher for a long time.

That's the person on whose behalf I act.

animals  
things

# which

defining and non-defining

Another seminar which I've chosen is this one.

She won't have time to prepare for the seminar, which is this afternoon.

cuál | cual | qué | que | lo que

animals  
things

# which

+ preposition

He was separated from the place in  
which he grew.

This is the office at which she works.

animals  
things

# which

+ preposition

He was separated from the place which  
he grew in.

He was separated from the place in  
which he grew.

This is the office which she works at.

This is the office at which she works.



people  
things  
animals

that  
defining only

The girl that/who lives next door is an English teacher.

Miss Demai, who lives next door, is an English teacher (not that).

Another seminar that/which I've chosen is this one.

She won't have time to prepare for the seminar, which is this afternoon (not that).

que

people  
things  
animals

that  
+ preposition

It was Brian that/who I had fun with.

He was separated from the place that/which he grew in.

# no relative pronouns

defining only  
relative pronoun as object

It was Brian who I had fun with.

The girl who lives next door is an English teacher.

Another seminar which I've chosen is this one.

She won't have time to prepare for the seminar, which is this afternoon.

He was separated from the place that he grew in.

He was the student whom teacher Lilah gave the books to.

times  
places  
reasons

when | where | why  
defining and non-defining

I don't know when he spoke English for the last time.

This is where I teach English every day.

I'm not sure why his English is not good enough.

cuando | donde | porque

P O L L

T I M E





# TED talks ideas worth spreading

Cultivating  
unconditional  
self-worth



**advertisements**

**accomplishments**

**worthiness**

**self-worth**



How did we get to a place \_\_\_\_\_ so many of us struggle with...? A place \_\_\_\_\_ more  
and more people are living with mental illness and addiction?



How did we get to a place where so many of us struggle with...? A place where more and more people are living with mental illness and addiction?

... tell us \_\_\_\_\_ we need to buy things to be loved, accepted or to succeed. Our educational system teaches us \_\_\_\_\_ our...



How did we get to a place where so many of us struggle with...? A place where more and more people are living with mental illness and addiction?

... tell us that we need to buy things to be loved, accepted or to succeed. Our educational system teaches us that our...

Those of us \_\_\_\_\_ have experienced abuse, sexual assault and trauma may question our personhood and very right to exist.



How did we get to a place where so many of us struggle with...? A place where more and more people are living with mental illness and addiction?

... tell us that we need to buy things to be loved, accepted or to succeed. Our educational system teaches us that our...

Those of us who have experienced abuse, sexual assault and trauma may question our personhood and very right to exist.



# TED talks ideas worth spreading

Cultivating  
unconditional  
self-worth



Video

So how did we get here? How did we get to a place where so many of us struggle with low \_\_\_\_\_? A place where more and more people are living with mental illness and addiction? I believe there are many factors that cause us to feel this way. \_\_\_\_\_ tell us that we need to buy things to be loved, accepted or to succeed. Our educational system teaches us that our \_\_\_\_\_ as students is based on our grades or test scores. Our parents may have implied that they'd love us more if we made the honor roll or the varsity team. Those of us who have experienced abuse, sexual assault and trauma may question our personhood and very right to exist. And as social media pervades our lives, we have begun to feel that our \_\_\_\_\_ is based on the number of followers we have and likes we get. Whatever the cause, for many of us, our \_\_\_\_\_ is tied to our \_\_\_\_\_ and possessions and as soon as we fail or lose approval, we experience low \_\_\_\_\_.

So how did we get here? How did we get to a place where so many of us struggle with low self-worth? A place where more and more people are living with mental illness and addiction? I believe there are many factors that cause us to feel this way. Advertisements tell us that we need to buy things to be loved, accepted or to succeed. Our educational system teaches us that our worthiness as students is based on our grades or test scores. Our parents may have implied that they'd love us more if we made the honor roll or the varsity team. Those of us who have experienced abuse, sexual assault and trauma may question our personhood and very right to exist. And as social media pervades our lives, we have begun to feel that our worthiness is based on the number of followers we have and likes we get. Whatever the cause, for many of us, our self-worth is tied to our accomplishments and possessions and as soon as we fail or lose approval, we experience low self-worth.



# TED talks ideas worth spreading

*How to speak  
so that people  
will listen*



**my goodness**

**cornerstones**

**hail**

**stand for**

*I'm not talking about the stuff \_\_\_\_\_ falls from the sky and hits you on the head.*



*I'm not talking about the stuff that falls from the sky and hits you on the head.*

*A friend of mine described it as standing in your own truth, \_\_\_\_\_ I think it's a lovely way to put it.*



I'm not talking about the stuff that falls from the sky and hits you on the head.

A friend of mine described it as standing in your own truth, which I think it's a lovely way to put it.



# TED talks ideas worth spreading

*How to speak  
so that people  
will listen*



Video

I'd like to suggest that there are four really powerful \_\_\_\_\_, foundations that we can stand on if we want our speech to be powerful and to make change in the world. Fortunately, these things spell a word; the word is "\_\_\_\_\_ " and it has a great definition as well. I'm not talking about the stuff that falls from the sky and hits you on the head, I'm talking about this definition: "to greet or claim enthusiastically" which is how I think our words will be received if we stand on these four things. So, what do they \_\_\_\_\_? See if you can guess. The "H", "honesty", of course. Being true in what you say, being straight and clear. The "A" is "authenticity", just being yourself. A friend of mine described it as standing in your own truth, which I think it's a lovely way to put it. The "I" is "integrity", being your word, actually doing what you say and being somebody people can trust. And the "L" is "love". I don't mean romantic love but I do mean wishing people well for two reasons. First of all, I think absolute honesty may not be what we want. \_\_\_\_\_, you look ugly this morning. Perhaps that's not necessary. Tempered with love, of course, honesty is a great thing. But also, if you're really wishing somebody well, it's very hard to judge them at the same time. I'm not even sure you can do those two things simultaneously.



I'd like to suggest that there are four really powerful cornerstones, foundations that we can stand on if we want our speech to be powerful and to make change in the world. Fortunately, these things spell a word; the word is "hail" and it has a great definition as well. I'm not talking about the stuff that falls from the sky and hits you on the head, I'm talking about this definition: "to greet or claim enthusiastically" which is how I think our words will be received if we stand on these four things. So, what do they stand for? See if you can guess. The "H", "honesty", of course. Being true in what you say, being straight and clear. The "A" is "authenticity", just being yourself. A friend of mine described it as standing in your own truth, which I think it's a lovely way to put it. The "I" is "integrity", being your word, actually doing what you say and being somebody people can trust. And the "L" is "love". I don't mean romantic love but I do mean wishing people well for two reasons. First of all, I think absolute honesty may not be what we want. My goodness, you look ugly this morning. Perhaps that's not necessary. Tempered with love, of course, honesty is a great thing. But also, if you're really wishing somebody well, it's very hard to judge them at the same time. I'm not even sure you can do those two things simultaneously.

# TED talks ideas worth spreading

Get  
comfortable  
with being  
uncomfortable



**actually**

**inequality**

**tumbles**

**research**

And there are times \_\_\_\_\_ I feel like I've taken...



And there are times when I feel like I've taken...

... and found out the white men \_\_\_\_\_ spoke there got compensated



And there are times when I feel like I've taken...

... and found out the white men who spoke there got compensated.

But then I also understood \_\_\_\_\_ my silence serves no one.



And there are times when I feel like I've taken...

... and found out the white men who spoke there got compensated.

But then I also understood that my silence serves no one.



# TED talks ideas worth spreading

Get  
comfortable  
with being  
uncomfortable





Video

And there are times when I feel like I've taken very public \_\_\_\_\_ and falls, like a time when I was asked to speak at a conference and they wanted me to pay my way there. And then I did some \_\_\_\_\_ and found out the white men who spoke there got compensated and got their travel paid for. The white women who spoke there got their travel paid for. The black women who spoke there were expected to \_\_\_\_\_ pay to speak there. And I was like "what do I do?" And I knew that if I spoke up about this publicly, I could face financial loss. But then I also understood that my silence serves no one. So I fearfully spoke up about it publicly and other women started coming out to talk about "I too have faced this type of pay \_\_\_\_\_". And it started a conversation about discriminatory pay practices that this conference was participating in.

And there are times when I feel like I've taken very public tumbles and falls, like a time when I was asked to speak at a conference and they wanted me to pay my way there. And then I did some research and found out the white men who spoke there got compensated and got their travel paid for. The white women who spoke there got their travel paid for. The black women who spoke there were expected to actually pay to speak there. And I was like "what do I do?" And I knew that if I spoke up about this publicly, I could face financial loss. But then I also understood that my silence serves no one. So I fearfully spoke up about it publicly and other women started coming out to talk about "I too have faced this type of pay inequality". And it started a conversation about discriminatory pay practices that this conference was participating in.

# TED talks ideas worth spreading

*The skill of  
self-confidence*



**be in charge**

**weather**

**self-confidence**

**fate**

Get away from the people \_\_\_\_\_ will tear you down.



Get away from the people who will tear you down.

There was a time \_\_\_\_\_ my confidence was really low.



Get away from the people who will tear you down.

There was a time when my confidence was really low.

Because there are moments and we'll all experience them in our career, in our lives, in our job hunting, in our relationships \_\_\_\_\_ we are not feeling good about \_\_\_\_\_ and \_\_\_\_\_ and \_\_\_\_\_ we are.





Get away from the people who will tear you down.

There was a time when my confidence was really low.

Because there are moments and we'll all experience them in our career, in our lives, in our job hunting, in our relationships when we are not feeling good about who and what and where we are.



Get away from the people who will tear you down.

There was a time when my confidence was really low.

Because there are moments and we'll all experience them in our career, in our lives, in our job hunting, in our relationships when we are not feeling good about who and what and where we are.

A letter I wrote to myself when I was feeling good.



Get away from the people who will tear you down.

There was a time when my confidence was really low.

Because there are moments and we'll all experience them in our career, in our lives, in our job hunting, in our relationships when we are not feeling good about who and what and where we are.

A letter (that) I wrote to myself when I was feeling good



# TED talks ideas worth spreading

*The skill of  
self-confidence*



Video

There needs to be quiet moments in your bedroom, quiet moments when you're brushing your teeth that we need to reaffirm "I am the captain of my ship and the master of my \_\_\_\_\_". That is my affirmation. I came from a school of one thousand people, I lived in a town of one thousand people for fifteen years; there's no reason that I should \_\_\_\_\_ of the athletic department built in Maple Leaf Gardens. But I am the captain of my ship and the master of my \_\_\_\_\_. If I don't say it, if I don't believe it, no one else will. How do you build \_\_\_\_\_? Get away from the people who will tear you down. There's enough of that. Muhammad Ali: "I am the greatest, there is no one better than me". There's a difference between hubris and ego and false pride. It's just reminding yourself in quiet, silent moments... I put it down on a list, it's right beside my mirror, right? About all the things that make me who I am. Because I make enough mistakes and the newspapers will recognize it and people around me will recognize it and they'll tear me down and pretty soon I'll begin to believe it. There was a time when my confidence was really low; there was a time when I took this job when I came from Iowa, I don't know if I could do it. I had to bring out my \_\_\_\_\_ letter. A letter I wrote to myself when I was feeling good: "Ivan, congratulations on getting your PhD before 40. Congrat... I am 40, under. Congratulations on winning a national championship. Good job on raising three good kids and marrying the right woman". I wrote a letter to myself, it was my own brag sheet, my own letter about the things I was proud of. Because there are moments and we'll all experience them in our career, in our lives, in our job hunting, in our relationships when we are not feeling good about who and what and where we are. And I had to bring out that letter and read it time and time again for a period of about two weeks to \_\_\_\_\_ me through that storm.

There needs to be quiet moments in your bedroom, quiet moments when you're brushing your teeth that we need to reaffirm "I am the captain of my ship and the master of my fate". That is my affirmation. I came from a school of one thousand people, I lived in a town of one thousand people for fifteen years; there's no reason that I should be in charge of the athletic department built in Maple Leaf Gardens. But I am the captain of my ship and the master of my fate. If I don't say it, if I don't believe it, no one else will. How do you build self-confidence? Get away from the people who will tear you down. There's enough of that. Muhammad Ali: "I am the greatest, there is no one better than me". There's a difference between hubris and ego and false pride. It's just reminding yourself in quiet, silent moments... I put it down on a list, it's right beside my mirror, right? About all the things that make me who I am. Because I make enough mistakes and the newspapers will recognize it and people around me will recognize it and they'll tear me down and pretty soon I'll begin to believe it. There was a time when my confidence was really low; there was a time when I took this job when I came from Iowa, I don't know if I could do it. I had to bring out my self-confidence letter. A letter I wrote to myself when I was feeling good: "Ivan, congratulations on getting your PhD before 40. Congrat.. I am 40, under. Congratulations on winning a national championship. Good job on raising three good kids and marrying the right woman". I wrote a letter to myself, it was my own brag sheet, my own letter about the things I was proud of. Because there are moments and we'll all experience them in our career, in our lives, in our job hunting, in our relationships when we are not feeling good about who and what and where we are. And I had to bring out that letter and read it time and time again for a period of about two weeks to weather me through that storm.





Q & A

time to ask

T H a n k

Y O U