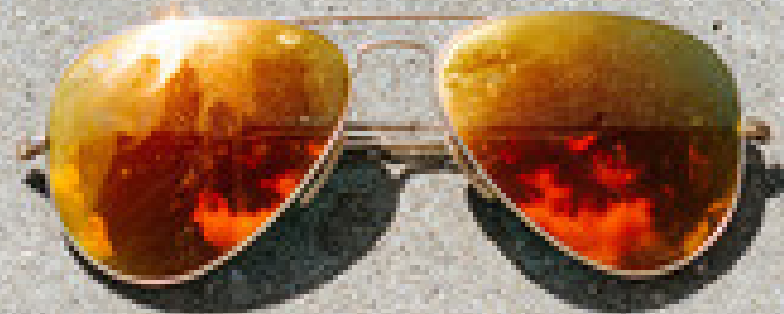


Welcome back!!!



**You've been waiting
for this moment,
so let do it!**

Seminario 15:

Present Perfect Continuous

Present Perfect Continuous

VS.

Present Perfect



Grammar

Hammer Time:

Present Perfect



Present Perfect
Continuous



What is the Present Perfect?



FORM

Present Perfect

Things I've done

subject + **have/has** (auxiliary) + **past participle** (main verb)

I've been to Indonesia.

You've been to Indonesia.

We've been to Indonesia.

They've been to Indonesia.

He's been to Indonesia.

She's been to Indonesia.

It's been to Indonesia.

(**3rd person singular: 's'**)



FORM

Present Perfect

subject + **have/has** (auxiliary) + **past participle** (main verb)

REGULAR participles

I've rested a lot this week.

You've explained it well.

We've called them several times.

They've finished the report already.

He's always **depended** on it.

She's needed it recently.

It's worked until now.

FORM

Present Perfect

subject + **have/has** (auxiliary) + **past participle** (main verb)

IRREGULAR participles

I've come early a lot this week.

You've taken it well.

We've written them several times.

They've done the report already.

He's always **known** it.

She's chosen it recently.

It's run well until now.

USE

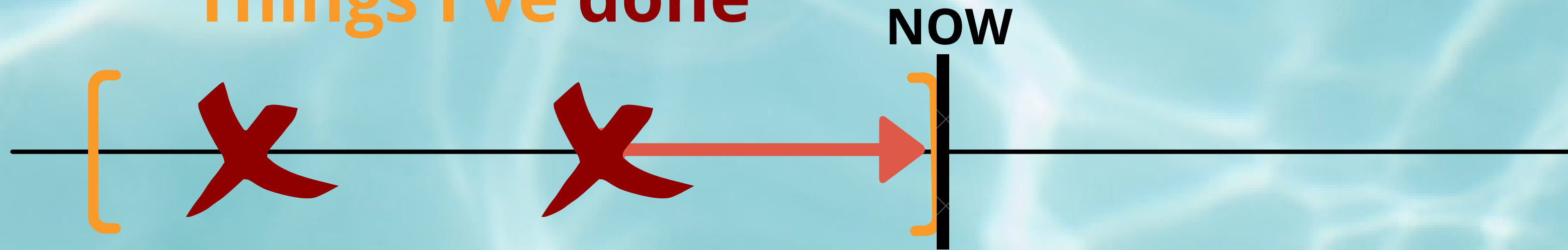
Present Perfect



USE

Present Perfect

Things I've done



Experience:

This year he **has been** to Munich twice.

I **have seen** that movie already.

Change:

She **has done** a lot today.

Continuing situation

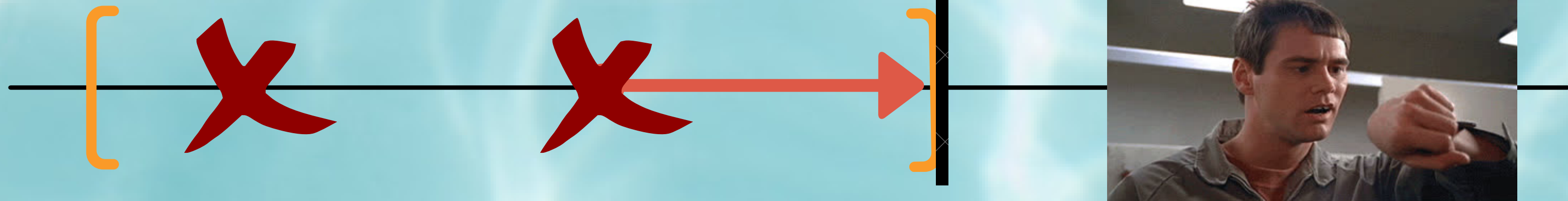
They **have lived** there **since** January.

USE

Present Perfect

Things I've done

NOW = UNFINISHED TIME



Experience:

This year he **has been** to Munich twice.

I **have seen** that movie already.

Change:

She **has done** a lot today.

Continuing situation

They **have lived** there **since** January.

USE

Present Perfect

Continuing
situations

3) **Continuing Situations:** things that started in the past and continue in the present (especially with the verb 'to be')

He has been my friend for years. = El es mi amigo desde hace años.

You've been really helpful today. = Has sido de gran ayuda hoy.

They've been married since June. = Llevan casados desde junio.

What is the Present Perfect Continuous?



FORM

Present Perfect

VS

Present Perfect
Continuous

Sub + **have/has** + past participle

I **have** worked
you **have** worked
we **have** worked
they **have** worked

he/she/it **has** worked

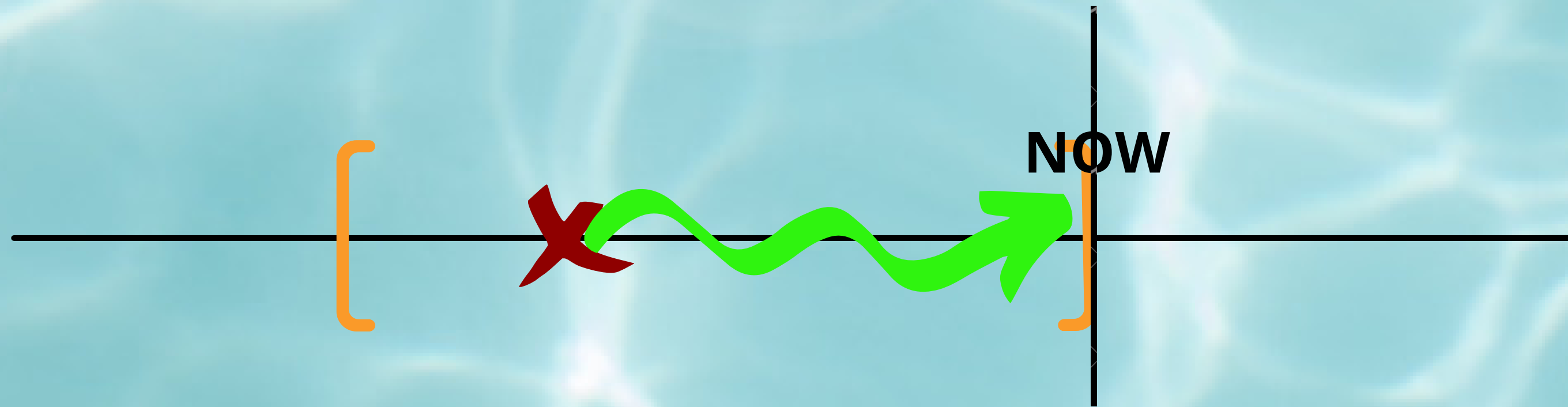
Sub + **have/has** + **been** + verb+**ing**

I **have been** working
you **have been** deciding
we **have been** deciding
they **have been** deciding

he/she/it **has been** working

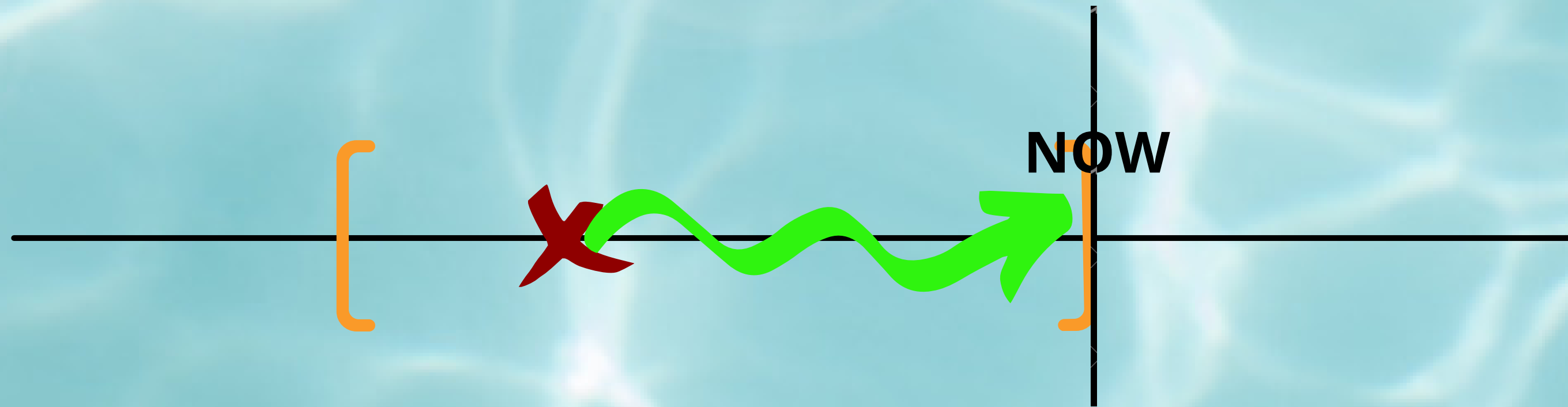
TIME FRAME

Present Perfect Continuous



TIME FRAME

Present Perfect Continuous



I **have** **been** **speaking** for a long time!

USE

Present Perfect Continuous

Says 'how long':

We've been watching the series for only a month.

USE

Present Perfect Continuous

Focuses on the activity:

I've really been enjoying this series.

USE

Present Perfect Continuous

**Describes a new activity or
an activity which may continue:**

I've been working on the end of the month numbers.

She's been acting strange lately.

He's been driving me crazy!

USE

Present Perfect Continuous

Used when we see evidence of recent activity:

You're sweating. Have you been exercising?

USE

Present Perfect Continuous

We use 'for', 'since' and 'how long' to indicate time frame.

How long have you been volunteering?

I've been volunteering **for** 6 months.

I've been volunteering **since** January.

USE

Present Perfect Continuous

Stative verbs are used to express 'states' or conditions like:

THOUGHTS & OPINIONS: agree, believe, doubt, guess, know, mean, recognize, imagine, suspect, think, understand

FEELINGS & EMOTIONS: dislike, hate, like, love, prefer, want, wish

SENSES & PERCEPTIONS: appear, be, feel, hear, look, see, seem, smell, taste

POSSESSION & MEASUREMENT: belong, have, measure, own, possess

USE

Present Perfect
Continuous

Present Perfect

VS

With PURE stative verbs we **NEVER** use the continuous form; we use the Present Perfect:

I've **known** her for about 10 years.

We've **belonged** to that association since last year.

Deception has always **existed**.

They've **owned** that property since I met them.

They've **had*** that car for only a couple of years.

He's **been*** here all week.

USE

Present Perfect Continuous

Present Perfect

VS

Some stative verbs use both

Present Perfect

& Present Perfect Continuous:

I've **lived** in Madrid for 18 years.

I've **been living** in Madrid for 18 years.

She's **worked** there for a year.

She's **been working** there for a year.

He's **had** a lot of problems lately.

He's **been having** a lot of problems lately.

I've **drunk** only one coffee today.

I've **been drinking** more coffee than usual.

KEY WORDS

Present Perfect & **Present Perfect Continuous**

Lately

Recently

Today

This week, month, year, quarter

In the last several days

Since... (starting moment)

For... (total time)

COMMON ERRORS & CONFUSION !!



REMEMBER!!

Some verbs are USUALLY used in simple NOT continuous form:

state: **be**, cost, fit, mean

possession: belong, have, **own**

brain work: believe, **know**,
think, understand

We've been here for a while.

NOT: We've been being here for a while.

He has owned it for 10 years.

NOT: He has been owning it for 10 years.

She has always known it.

NOT: She has always been knowing it.

REMEMBER!!

Incorrect use of Present Perfect Continuous:

Improper use of PPC:

I've been living in London.
(Ya no vivo allí.)

I've been travelling around the U.S.
(Ya no estoy viajando.)

I've been being here early every day.
(No se usa 'be' así)

CORRECT tense:

I lived in London

I have travelled to the U.S.

**I have been here early
every day**

COMMON CONFUSION!!

Present **Simple** vs Present **Continuous**

I work for the Castilla y León government.

= My job is **permanent**

I'm working for the Castilla y León government.

= My job is **temporary**



I live in Valladolid.

= My residence is **permanent**

I'm living in Valladolid.

= My residence is **temporary**

EXERCISE TIME!

Present Perfect vs Present Perfect Continuous



POLL TIME

Present Perfect vs Present Perfect Continuous

EXERCISE 1: Choose the correct verb form. Note: there may be more than one correct answer. Elige la forma correcta (puede ser mas que una respuesta correcta).

1. I _____ since I was a child.

- a. am learning English
- b. have been learning English
- c. have learned English

POLL TIME

Present Perfect vs Present Perfect Continuous

EXERCISE 1: Choose the correct verb form. Note: there may be more than one correct answer. Elige la forma correcta (puede ser mas que una respuesta correcta).

2. I _____ the series you recommended to me and it's great. (I haven't finished it yet)

- a. 've been watching
- b. was watching
- c. 've watched

POLL TIME

Present Perfect vs Present Perfect Continuous

EXERCISE 1: Choose the correct verb form. Note: there may be more than one correct answer. Elige la forma correcta (puede ser mas que una respuesta correcta).

3. Our kids _____ too much time playing video games today.

- a. have spent (they have stopped)
- b. have carried
- c. have been spending (and they continue)

POLL TIME

Present Perfect vs Present Perfect Continuous

EXERCISE 1: Choose the correct verb form. Note: there may be more than one correct answer. Elige la forma correcta (puede ser mas que una respuesta correcta).

4. Due to her divorce she _____ difficulties concentrating this week.

- a. has
- b. 's been having
- c. have been having

POLL TIME

Present Perfect vs Present Perfect Continuous

EXERCISE 1: Choose the correct verb form. Note: there may be more than one correct answer. Elige la forma correcta (puede ser mas que una respuesta correcta).

5. They _____ the same director for the last 10 years.

- a. have had
- b. 've been having
- c. are having

POLL TIME

Present Perfect vs Present Perfect Continuous

EXERCISE 1: Choose the correct verb form. Note: there may be more than one correct answer. (Elige la forma correcta (puede ser mas que una respuesta correcta)).

6. We _____ with this issue for too long.

- a. has been dealing
- b. are dealing
- c. 've been dealing

EXERCISES

Present Perfect vs Present Perfect Continuous

EXERCISE 2: Fill in the blanks with the proper form:

(Elija el tiempo verbal correcto y complete el espacio en blanco)

1. I _____ in the garden all day and my hands are sore now.
(work)
2. I'm sorry I'm late, _____ for a long time? (you, wait)
3. How long _____ Dani? (you, know)
4. Somebody _____ my cookies. There are only a few left. (eat)
5. Somebody _____ my cookies. There are none left. (eat)

EXERCISES

Present Perfect vs Present Perfect Continuous

EXERCISE 2: Fill in the blanks with the proper form:

(Elija el tiempo verbal correcto y complete el espacio en blanco)

1. I've been working in the garden all day and my hands are sore now.
(work)
2. I'm sorry I'm late, have you been waiting for a long time? (you, wait)
3. How long have you known Dani? (you, know)
4. Somebody has been eating my cookies. There are only a few left. (eat)
5. Somebody has eaten / ate my cookies. There are none left. (eat)

EXERCISES

Present Perfect vs Present Perfect Continuous

EXERCISE 2: Present Perfect Continuous or Present Perfect? Choose the right tense and fill in the blank (Elija el tiempo verbal correcto y complete el espacio en blanco)

6. How many episodes _____? (you, see)
7. They must be tired. They _____ furniture all afternoon. (move)
8. What has _____ all afternoon? I have already _____ everything.
(she, do // finish)
9. I _____ ham since I was born. (love)
10. They _____ for weeks and have visited 5 countries so far.
(travel/visit)

EXERCISES

Present Perfect vs Present Perfect Continuous

EXERCISE 2: Present Perfect Continuous or Present Perfect? Choose the right tense and fill in the blank (Elija el tiempo verbal correcto y complete el espacio en blanco)

6. How many episodes have you seen? (you, see)
7. They must be tired. They have been moving furniture all afternoon. (move)
8. What has she been doing all afternoon? I have already finished everything. (she, do // finish)
9. I have loved ham since I was born. (love)
10. They have been traveling for weeks and have visited 5 countries so far. (travel/visit)

EXERCISES

Present Perfect vs Present Perfect Continuous

EXERCISE 3: Fill in the blank using for or since.

(Localiza y corrige los errores en las oraciones):

1. I've been learning English _____ I was a child.
2. She's been studying English _____ 10 o'clock.
3. He's been studying English _____ only two years.
4. We've been waiting here _____ 15 minutes.
5. They have been living in London _____ four years.
6. We've been receiving complaints ever _____ we installed the program.
7. I've been trying to get a hold of her _____ all afternoon.
8. They have known each other _____ college.

EXERCISES

Present Perfect vs Present Perfect Continuous

EXERCISE 3: Fill in the blank using for or since.

(Localiza y corrige los errores en las oraciones):

1. I've been learning English since I was a child.
2. She's been studying English since 10 o'clock.
3. He's been studying English for only two years.
4. We've been waiting here for 15 minutes.
5. They have been living in London for four years.
6. We've been receiving complaints ever since we installed the program.
7. I've been trying to get a hold of her _____ all afternoon.
8. They have known each other since college.

EXERCISES

Present Perfect vs Present Perfect Continuous

EXERCISE 4: Translate the following sentences from Spanish to English.

(Traduce la frase de español a inglés)

1. ¿Desde cuándo haces yoga?
2. ¿Cuánto tiempo lleva él trabajando en ese departamento?
3. Nos conocemos desde hace mucho tiempo.
4. Llevamos meses planificando con ellos.

EXERCISES

Present Perfect vs Present Perfect Continuous

EXERCISE 4: Translate the following sentences from Spanish to English.

(Traduce la frase de español a inglés)

1. **¿Desde cuándo haces yoga?**
How long have you been doing yoga?
2. **¿Cuánto tiempo lleva él trabajando en ese departamento?**
How long has he been working in that department?
3. **Nos conocemos desde hace mucho tiempo.**
We have known each other for a long time.
4. **Llevamos meses planificando con ellos.**
We have been planning with them for months.

EXERCISES

Present Perfect vs Present Perfect Continuous

EXERCISE 4: Translate the following sentences from Spanish to English.

(Traduce la frase de español a inglés)

5. Le (él) está (ella) llamando desde hace una hora.
6. Lo hacen así desde hace siglos.
7. No tienen problemas desde que cambiaron el sistema.

EXERCISES

Present Perfect vs Present Perfect Continuous

EXERCISE 4: Translate the following sentences from Spanish to English.

(Traduce la frase de español a inglés)

5. Le (él) está (ella) llamando desde hace una hora.
She has been calling him for an hour.
6. Lo hacen así desde hace siglos.
They've been doing it like that for ages.
7. No tienen problemas desde que cambiaron el sistema.
They haven't had problems since they changed the system.

EXERCISES

Present Perfect Continuous

EXERCISE 5: Match the following song lyrics. (Combina la siguiente letra de canciones)

1. I've been locked out of heaven for too long -
 2. I've been chewed up and spit out and booed off stage -
 3. How long has this been going on? -
 4. How long has this been goin' on? -
 5. I like what love has been doing to me -
 6. Love has been a friend to me -
 7. This cowboy's running from himself. And she's been living on the highest shelf -
 8. He can see she's been crying, She's got blisters on the souls of her feet. -
- a. How Long by Charlie Puth (2017)
 - b. Riptide by Vance Joy (2013)
 - c. Lose Yourself by Eminem (2015)
 - d. Love Has Been a Friend to Me by Julio Iglesias (1990)
 - e. How Long by Rod Stewart (1981)
 - f. Locked Out of Heaven by Bruno Mars (2012)
 - g. Another Day in Paradise by Phil Collins (1990)
 - h. I Just Found Out About Love by Nat King Cole (1957)

EXERCISES

Present Perfect Continuous

EXERCISE 5: Match the following song lyrics. (Combina la siguiente letra de canciones)

1. I've been locked out of heaven for too long – Locked Out of Heaven by Bruno Mars (2012)
2. I've been chewed up and spit out and booed off stage – Lose Yourself by Eminem (2015)
3. How long has this been going on? – How Long by Rod Stewart (1981)
4. How long has this been goin' on? – How Long by Charlie Puth (2017)
5. I like what love has been doing to me – I Just Found Out About Love – Nat King Cole (1957)
6. Love has been a friend to me – Love Has Been a Friend to Me by Julio Iglesias (1990)
7. This cowboy's running from himself. And she's been living on the highest shelf – Riptide by Vance Joy (2013)
8. He can see she's been crying, she's got blisters on the soles of her feet. – Another Day in Paradise by Phil Collins (1990)

EXERCISES

Present Perfect Continuous

EXERCISE 5: Match the following song lyrics. (Combina la siguiente letra de canciones)

- | | |
|---|---|
| 9. Someone told me long ago. There's a calm before the storm. I know, It's been comin' for some time. - | i. I'm Yours by Jason Mraz (2008) |
| 10. It's been seven hours and fifteen days since you took your love away -- | j. Nothing Compares 2 U by Sinead O' Connor (1990) |
| 11. You've been dying since the day you were born - | k. Have you Ever Seen the Rain by Creedence Clearwater Revival (1970) |
| 12. Ever since that night we've been together Lovers at first sight in love forever - | l. Strangers in the night by Frank Sinatra (1966) |
| 13. I've been spending way to long checking my tongue in the mirror - | m. The Four Horsemen by Metallica (1983) |

EXERCISES

Present Perfect Continuous

EXERCISE 5: Match the following song lyrics. (Combina la siguiente letra de canciones)

9. **Someone told me long ago. There's a calm before the storm. I know, It's been comin' for some time.**
– **Have you Ever Seen the Rain by Creedence Clearwater Revival (1970)**
10. **It's been seven hours and fifteen days since you took your love away -- Nothing Compares 2 U by Sinead O'Connor (1990)**
11. **You've been dying since the day you were born – The Four Horsemen by Metallica (1983)**
12. **Ever since that night we've been together Lovers at first sight in love forever – Strangers in the night by Frank Sinatra (1966)**
13. **I've been spending way too long checking my tongue in the mirror – I'm Yours by Jason Mraz (2008)**

EXERCISES

Present Perfect

VS

Present Perfect
Continuous

EXERCISE 6: Complete the sentence with the correct form of verb in parentheses.
(Completa la oración con la forma correcta del verbo entre paréntesis.)

1. What _____ recently? (you / work on) Anything interesting?
2. _____ (you / working out)? It looks like you have lost weight.
3. Oh, There it is! _____ (look) for it everywhere.
4. Sorry we are late. How long _____ (you / wait)?
5. I _____ (know) Alejandra for a long time.
6. My friends _____ (cook) for an hour already.
7. I _____ (never / understand) Maths and Physics very well.
8. The kids are tired because they _____ (play) outside all day.

EXERCISES

Present Perfect

VS

Present Perfect
Continuous

EXERCISE 6: Complete the sentence with the correct form of verb in parentheses.
(Completa la oración con la forma correcta del verbo entre paréntesis.)

1. What have you been working on recently? (you / work on) Anything interesting?
2. Have you been working out (you / working out)? It looks like you have lost weight.
3. Oh, There it is! I've been looking (look) for it everywhere.
4. Sorry we are late. How long have you been waiting (you / wait)?
5. I have known (know) Alejandra for a long time.
6. My friends have been cooking (cook) for an hour already.
7. I have never understood (never / understand) Maths and Physics very well.
8. The kids are tired because they have been playing (play) outside all day.

EXERCISES

Let's Listen!!

EXERCISE 7: Listen to the video and fill in the missing information:

Imagine it is 2020 again. What has each of the following people been doing during the quarantine?

Kenan Thompson (American actor, comedian in Saturday Night Live):
He has been _____.

Bob Odenkirk (American actor in Breaking Bad & Better Call Saul):
He has been _____, to avoid his family.

Chris Harrison (Show host for The Bachelor):
He has been _____.

EXERCISES

Let's Listen!!

EXERCISE 7: Listen to the video and fill in the missing information:

Imagine it is 2020 again. What has each of the following people been doing during the quarantine?

Freddie Highmore (British actor in The Good Doctor):

He has not been _____. He has been more easily recognized out in public.

Tatiana Maslany (Canadian Actress in Orphan Black):

She has been _____ in her bathroom toilet.

Rick and Morty (American adult cartoon characters):

Rick has been _____ groceries.

Ty Burrell (American actor in Modern Family):

He has been '_____. (He _____ having sex.)

EXERCISES

Let's Listen!!

EXERCISE 7: Listen to the video and fill in the missing information:

Imagine it is 2020 again. What has each of the following people been doing during the quarantine?

Margo Martindale (American actress in Justified):
She has been spending a lot time during quarantine _____ garden.

Bill Arnett (Canadian actor, comedian, producer):
He has just been _____ himself. (He has found out that he is a !)

Mindy Kaling (American Actress, comedian in The Office, Never Have I Ever):
_____ embroidery. (and sending out 'help me' messages)

EXERCISES

Let's Listen!!

EXERCISE 7: Listen to the video and fill in the missing information:

Imagine it is 2020 again. What has each of the following people been doing during the quarantine?

Bryan Lee Cranston (American actor in Breaking Bad):
_____ exercise classes.

Bob Newhart (American talk show host, comedian):
He has _____ skydiving and has _____ in alligator wrestling.

Joe Exotic (American former zoo operator, activist and convicted felon. Was main character in the documentary Tiger King).
He _____ in prison.

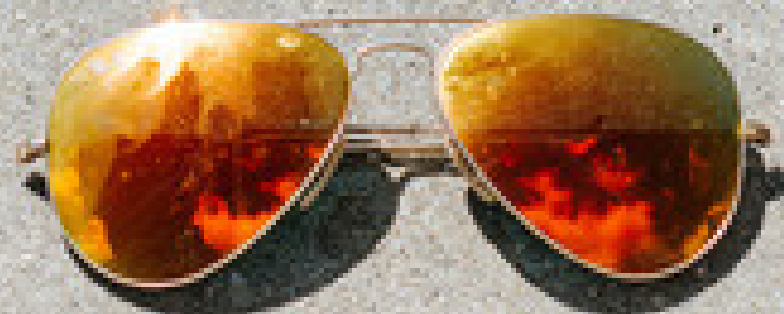
Dedicate time

Work hard

Practice

Focus

Have



Dedicate time

Work hard

Practice

Focus

Have



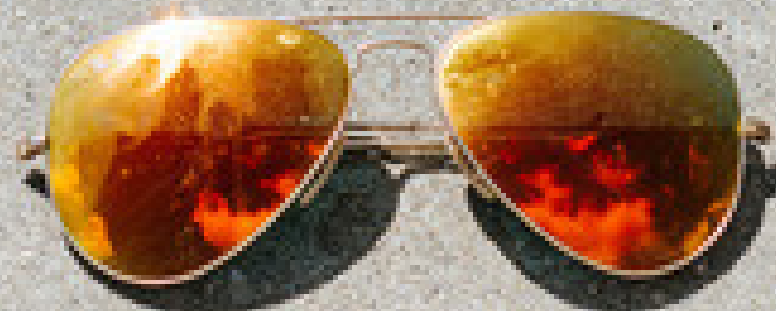
Dedicate time

Work hard

Practice

Focus

Have



Thank
you!

