

GRAMMAR

let's talk COMPARISON



tough

bossy

nice

brief

interesting

lazy

amazing

cute

brave

**hard-
working**

fancy

mean

GRAMMAR



When
adjectives
are one
syllable



adj + er
adj + est

tough

This task is tough.

tougher

This task is tougher.

toughest

This task is the toughest.

brief

The meeting was brief.

briefer

The meeting was briefer.

briefest

The meeting was the briefest.

mean

That boy was mean!

meaner

That boy was meaner!

meanest

That boy was the meanest!

tough

This task is tougher than I thought.

brief

The meeting was briefer than I expected.

mean

That boy was meaner than his brother.

tough

bossy

nice

brief

interesting

lazy

amazing

cute

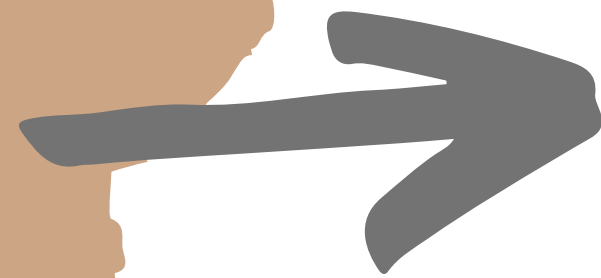
brave

**hard-
working**

fancy

mean

When
adjectives
end in 'y'



y
adj + ier
adj + iest

bossy

She realized (that) Lilah was bossy.

bossier

She realized (that) Lilah was bossier.

bossiest

She realized (that) Lilah was the bossiest.

fancy

That's a fancy dress!

fancier

That's a fancier dress!

fanciest

That's the fanciest dress!

lazy

Our students are not lazy.

lazier

Our students are not lazier.

laziest

Our students are not the laziest.

bossy

She realized (that) Lilah was bossier than her nephew.

fancy

That dress is fancier than the one we bought last year.

lazy

Our students are not lazier than theirs.

tough

bossy

nice

brief

interesting

lazy

amazing

cute

brave

**hard-
working**

fancy

mean

**When
adjectives
end in 'e'**



e
adj + r
adj + st

brave

You were brave!

braver

You were braver!

bravest

You were the bravest!

cute

My niece looked cute.

cuter

My niece looked cuter.

cutest

My niece looked the cutest.

nice

Spanish people are nice.

nicer

Spanish people are nicer.

nicest

Spanish people are the nicest.

brave

You were braver than I thought.

cute

My niece looked cuter than the last time I saw her.

nice

Spanish people are nicer than you think.

tough

bossy

nice

brief

interesting

lazy

amazing

cute

brave

**hard-
working**

fancy

mean

**When
adjectives
are two
syllables
or more**



**more + adj
most + adj**

amazing

That student is amazing!

**more
amazing**

That student is more amazing!

**most
amazing**

That student is the most amazing!

amazing

I'm an amazing student!

more
amazing

I'm a more amazing student!

most
amazing

I'm the most amazing student!

hard-
working

My teacher is hard-working.

more
hard-
working

My teacher is more hard-working.

most
hard-
working

My teacher is the most hard-working.

interesting

That idea was interesting.

**more
interesting**

That idea was more interesting.

**most
interesting**

That idea was the most interesting.

amazing

That student is more amazing than I thought.

**hard-
working**

My teacher is more hard-working now than she was then.

interesting

That idea was more interesting than mine.

tough

bossy

nice

brief

interesting

lazy

amazing

cute

brave

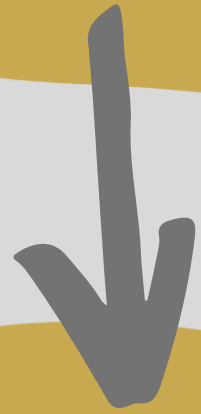
**hard-
working**

fancy

mean

bold

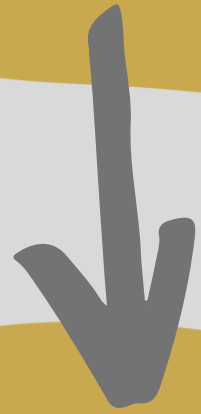
bold



bolder

bold

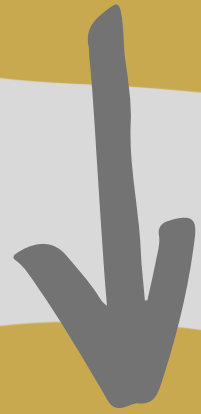
expensive



bolder

bold

expensive



bolder

**more
expensive**

bold

expensive

wise



bolder

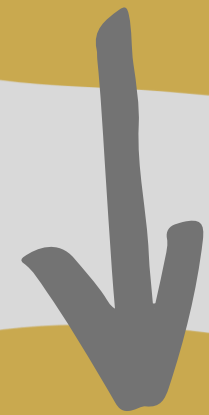


**more
expensive**

bold

expensive

wise



bolder

**more
expensive**

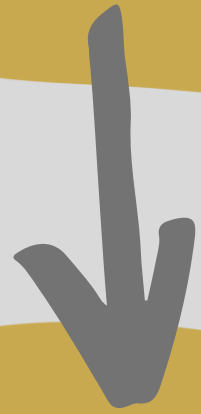
wiser

bold

expensive

wise

spicy

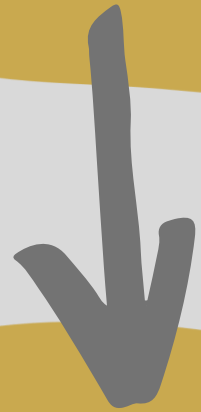


bolder

**more
expensive**

wiser

bold



bolder

expensive



**more
expensive**

wise



wiser

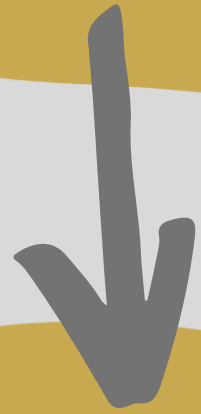
spicy



spicier

different

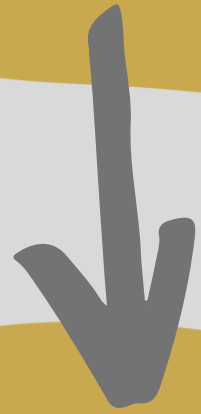
different



**more
different**

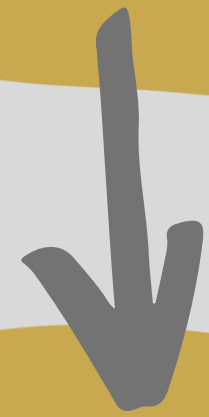
different

messy



**more
different**

different



**more
different**

messy



messier

different

messy

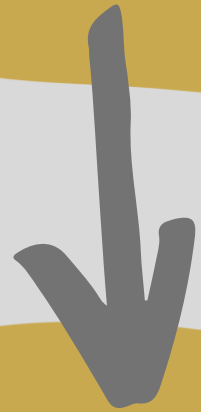
tired



**more
different**

messier

different



**more
different**

messy



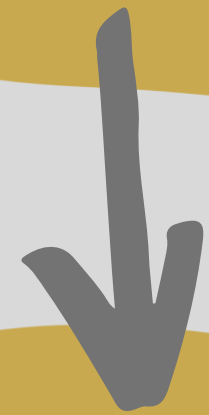
messier

tired



**more
tired**

different



**more
different**

messy



messier

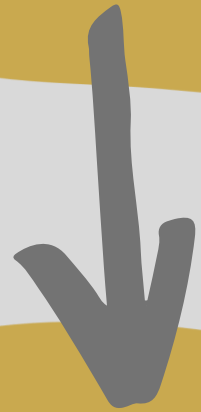
tired



**more
tired**

wide

different



**more
different**

messy



messier

tired



**more
tired**

wide



wider

EXCEPTIONS

good



better



best

good

bad

better

worse

best

worst

good



better



best

bad



worse



worst

far



farther



farthest

MORE EXCEPTIONS

wrong

right

down

fun

more
wrong

more
right

more
down

more
fun

simple

polite

quiet

lovely

less

this is close.

this is closer.

this is less close.

less

this is close.

this is closer.

this is less close.

this is itchy.

this is itchier.

this is less itchy.

less

this is close.

this is closer.

this is less close.

this is blue.

this is bluer.

this is less blue.

this is itchy.

this is itchier.

this is less itchy.

less

this is close.

this is closer.

this is less close.

this is blue.

this is bluer.

this is less blue.

this is popular.

this is more popular.

this is less popular.

this is itchy.

this is itchier.

this is less itchy.

the least

this is deep.

this is the deepest.

this is **the least** deep.

the least

this is deep.

this is the deepest.

this is **the least** deep.

this is heavy.

this is the heaviest.

this is **the least** heavy.

the least

this is deep.
this is the deepest.
this is **the least** deep.

this is safe.
this is the safest.
this is **the least** safe.

this is heavy.
this is the heaviest.
this **the least** heavy.

the least

this is deep.

this is the deepest.

this is **the least** deep.

this is safe.

this is the safest.

this is **the least** safe.

she's beautiful.

she's the most beautiful.

she's **the least** beautiful.

this is heavy.

this is the heaviest.

this **the least** heavy.

extra stuff

cuanto más rápido, mejor.

extra stuff

cuanto más rápido, mejor.

the faster, the better.

extra stuff

cuanto más limpio, más caro.

extra stuff

cuanto más limpio, más caro.

the cleaner, the more expensive.

extra stuff

cuanto más torpe, más débil.

extra stuff

cuanto más torpe, más débil.

the clumsier, the weaker.

extra stuff

cuanto más gracioso, peor.

extra stuff

cuanto más gracioso, peor.

the funnier, the worse.

P O L L

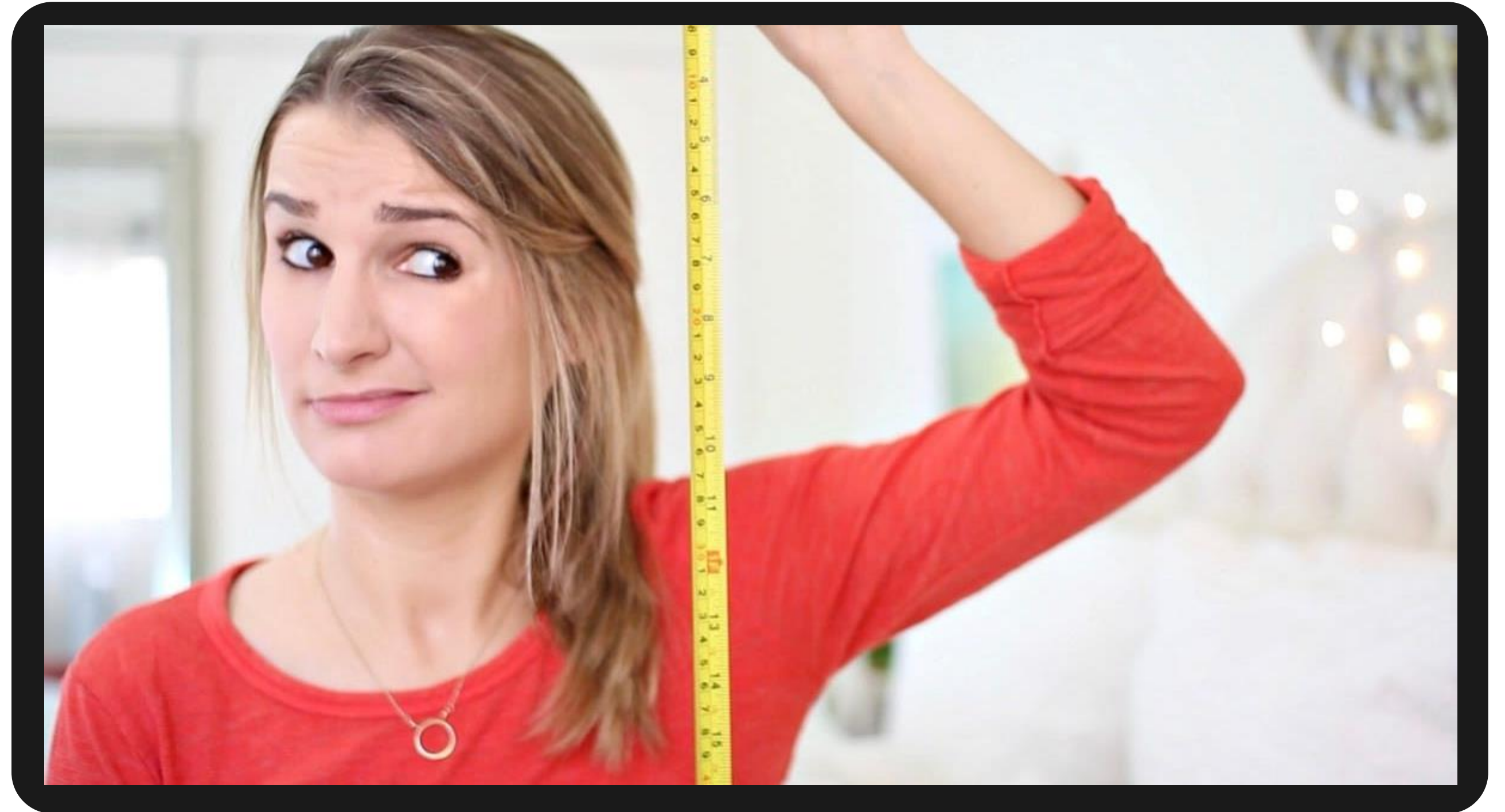
T I M E



Let's talk COMPARISON

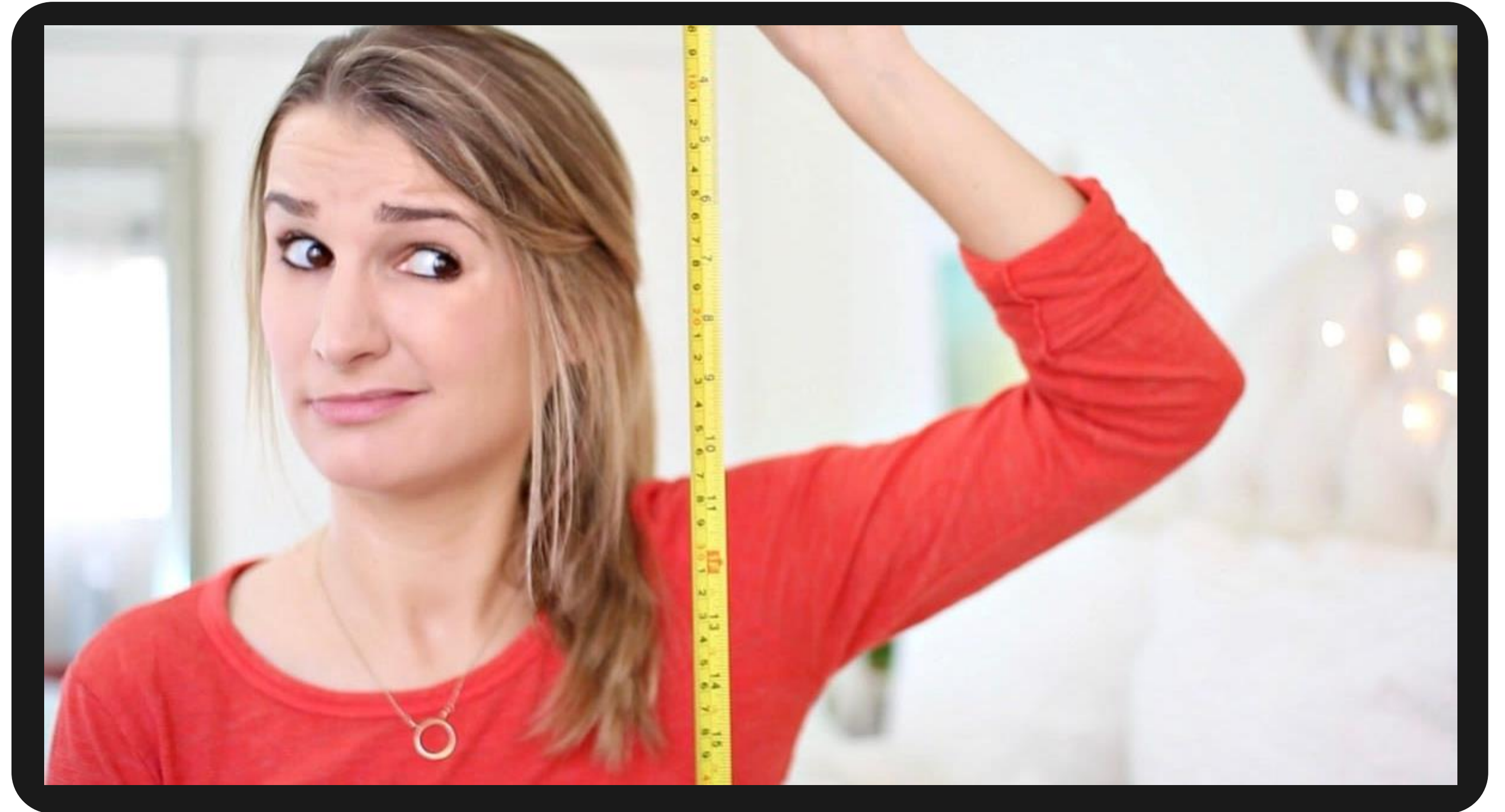


Shaina Leis



S T O P
comparing
yourself

shaina



**Video:
introduction**

happy

perfect

easy

**to
struggle**

**to
convince**

**to be
in a rut**

**to post a
picture**

**to go on
Facebook**

**to root
for**

**to feel
insecure**

**to feel
down**

**first and
foremost**

**internal
state**

**external
state**

**pumpkin
picking**

go Lucy!

V i d e o 1

_____, we tend to compare our _____ and what's going on inside of us with somebody's _____. What I mean by that is: let's say that I'm feeling kind of _____, maybe I'm in a _____, maybe I'm feeling a little _____ and I _____ and I see that Lucy, from college, _____ of her new boyfriend _____. _____! Why God, why? They're like so _____ and _____. She has the guy, a perfectly round pumpkin... She has everything and I have nothing. This is what I mean by comparing our internal to other's external. Now, Lucy may be genuinely _____ and, if that's the case, _____! Right? We wanna _____ her. But the truth is, none of us are _____, our lives aren't _____ and we're all _____ with something but it's very _____ to _____ ourselves otherwise by what we see.

First and foremost, we tend to compare our internal state and what's going on inside of us with somebody's external state. What I mean by that is: let's say that I'm feeling kind of down, maybe I'm in a rut, maybe I'm feeling a little insecure and I go on Facebook and I see that Lucy, from college, posted a picture of her new boyfriend pumpkin picking. Pumpkin picking! Why God, why? They're like so happy and perfect. She has the guy, a perfectly round pumpkin... She has everything and I have nothing. This is what I mean by comparing our internal to other's external. Now, Lucy may be genuinely happy and, if that's the case, go Lucy! Right? We wanna root for her. But the truth is, none of us are perfect, our lives aren't perfect and we're all struggling with something but it's very easy to convince ourselves otherwise by what we see.

**spend
time
alone**

**on
another
note**

**measuring
stick**

upset

introvert

plain

logical

outgoing

inaccurate

social

Video 2

_____, sometimes our _____ are just
_____. How is it _____ for me,
an _____, somebody who enjoys _____ to
compare myself to this _____, _____ butterfly
that I see on Instagram, right? That's not who I am
so why am I _____ about not being that person?

On another note, sometimes our measuring sticks are just plain inaccurate. How is it logical for me, an introvert, somebody who enjoys spending time alone to compare myself to this outgoing, social butterfly that I see on Instagram, right? That's not who I am so why am I upset about not being that person?

evolve

measure

**to
improve**

after all

win

better

self

accurate

healthy

far

Video 3

You wanna take that measuring stick and instead of holding it up to other people, you wanna start _____ yourself. Redirect the comparison to your past and present _____. Look back and realize how _____ you've come: what are your _____? What negative habits have you stopped? What have you done to _____ your life? This is a much _____ and _____ form of measurement and competition. And _____, that's what we're all here to do: it's to grow and _____ and become a _____ version of ourselves.

You wanna take that measuring stick and instead of holding it up to other people, you wanna start measuring yourself. Redirect the comparison to your past and present self. Look back and realize how far you've come. What are your wins? What negative habits have you stopped? What have you done to improve your life? This is a much healthier and accurate form of measurement and competition. And after all, that's what we're all here to do: it's to grow and evolve and become a better version of ourselves.

support

**and so
forth**

**just
because**

happiness

success

whatever

Video 4

My next tip is to _____ other people in their
_____, in their _____, in their differences, in
their similarities _____ and I mentioned this in
my last video. _____ somebody else has something
that maybe you don't have right now, it doesn't mean that
they are better than you or _____ story that you're
telling yourself.

My next tip is to support other people in their successes, in their happiness, in their differences, in their similarities and so forth and I mentioned this in my last video. Just because somebody else has something that maybe you don't have right now, it doesn't mean that they are better than you or whatever story that you're telling yourself.

so badly

digging

a ton of

flustered

catch

**compair
and
despair
trap**

**make
sure**

valuable

**take
positive
action**

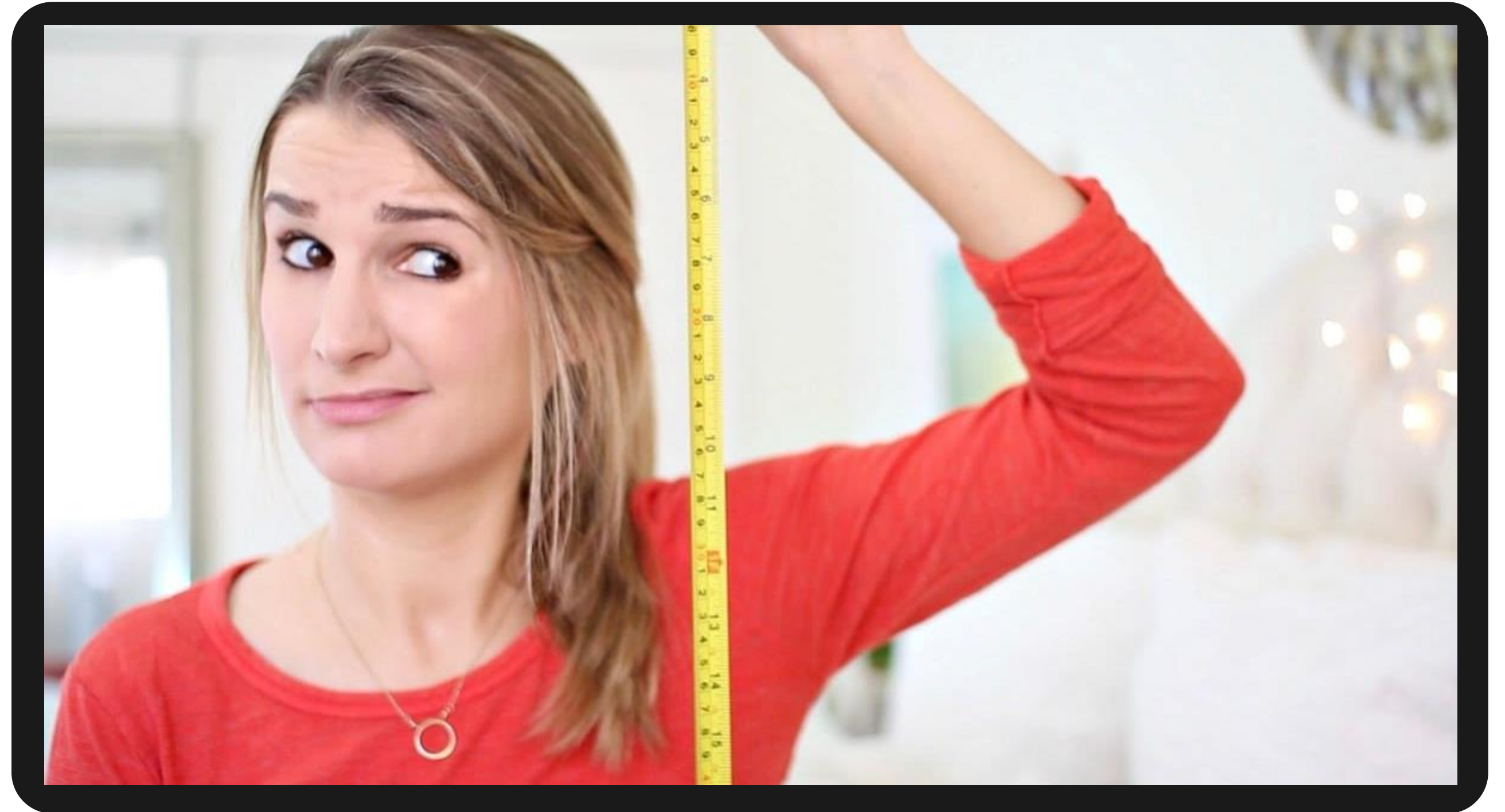
important

Video 5

When you _____ yourself in the _____, so
_____ guys, you wanna ask yourselves: what is this teaching
me about myself? Why am I so _____ about this?
Why do I want _____ what this person has? There is
_____ information in this so _____ you
do some _____ and use that self-reflective information to
_____ in bettering yourself and your future.

When you catch yourself in the compare and despair trap, so important guys, you wanna ask yourselves: what is this teaching me about myself? Why am I so flustered about this? Why do I want so badly what this person has? There is a ton of valuable information in this so make sure you do some digging and use that self-reflective information to take positive action in bettering yourself and your future.

Shaina Leis



Q & A

time to ask

T H a n k

Y O U